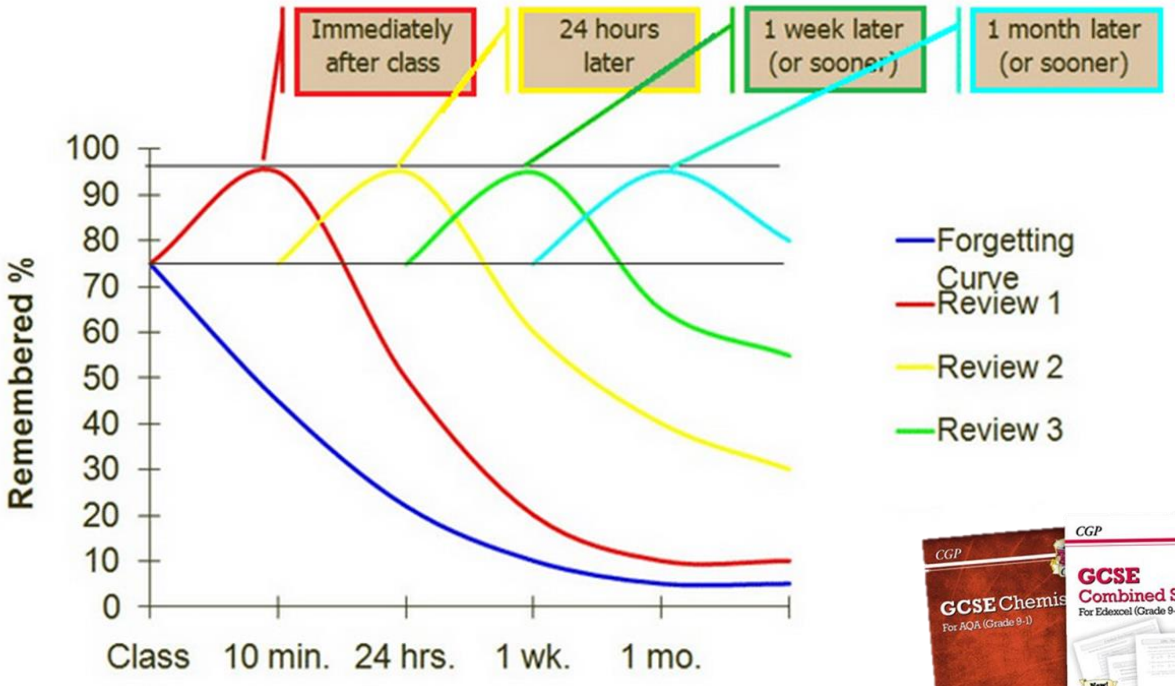
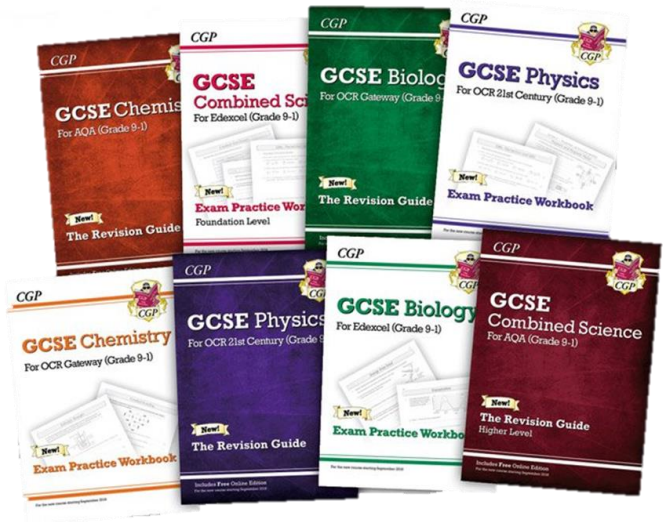
Regular review of information

Holderness Academy & Sixth Form College

THE CONSORTIUM ACADEMY TRUST





How to beat the curve of forgetting

Use your revision guide & **re-read** the topics covered in class

- **24 hr review**
- **7 day review**
- **1 month review**

To make it even more effective – make it **'ACTIVE'** and simplify that section